

S E P T E M B E R 1 9 , 2 0 2 1

# Sunday Pawzing

Thoughts From The Past Week



## Snug as a Bug in a Rug

Cino really is snug as a bug in a rug in the picture above. I don't know if it's just my Cino or if most cats are like this but she will not lay in my lap or cuddle with me unless there is a blanket on me. Sniff, sniff...I don't think I stink. Oh well, if that's how I can get a cuddle then that's what I do. ☺

# HAPPY SUNDAY!



## AAFBT FEATURED

We are honored that we were recently featured on a website called Creation Care Church. Check it out [here](#).

# ALL LIVES MATTER



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I got a picture of this friendly bull this past weekend. I am very happy with how it turned out. I wasn't sure his beautiful colors would show in the picture. He really was reddish/orangish just as he appears. We were "talking" to one another a little while he was looking directly at me. There were a couple of kids there at the same time as I. They started teasing him some and I stopped them in their tracks and said, "Don't tease animals, that isn't being very nice or respectful to them." One might say that it wasn't my place to say anything but I say if it comes to protecting animals that can't speak for themselves, then it is my place.

## DENTAL HEALTH FOR YOUR CAT: SHOULD YOU USE A PRODUCT WITH PEPPERMINT?

I'm hoping you might have some information on this topic you can share with me. We brush Cino's teeth on a regular basis, which isn't an easy task. We don't enjoy doing it and she certainly isn't happy when she sees the toothbrush coming her way. We only do this once a week but in addition have been using a gel that says it helps control plaque and tartar. Our vet has always been so impressed with how clean her teeth are. I have always attributed part of it to this gel. Then recently I saw an article that talked about how peppermint is really bad, even toxic, for cats. One of the main ingredients in the gel we use is peppermint oil. I panicked and thought we had been harming Cino in some way by using this product all these years. I decided to stop giving it to her and ask our vet at our upcoming appointment. But he wasn't sure so while he was on the phone with me he asked others in a veterinarian forum. He wasn't getting any clear answers so he said "I don't recommend giving it to her." This was about two months ago. I have been researching since

trying to find another product but am having no success. I saw that "greenies" are VOHC accepted so I thought next time I was at the pet supply store I'd get those. When I was there I asked an employee where their dental products were for cats and she started to recommend the gel to me. I told her the story about how I had heard peppermint was bad for cats and what my vet said. This led to a trip to the counter where the computers are and a 20-30 minute Google search to see what we could find out. She mentioned she has been using the product on her cats for many years too. We didn't come up with any clear answer but she is under the impression that peppermint is only harmful to their lungs if they ingest it. She also thought she read or heard somewhere that the peppermint oil used in cat products isn't a high level. Color me still confused but I felt better knowing another person has been using the same product for many years too and hasn't had any known problems. If any of you have any information about this, please share. I could use the help.



### Do I have to get my teeth brushed?

The picture to the left is Cino hiding under a table because she knew it was "teeth brushing time." She does however love the taste of the toothpaste so she is very willing to lick and eat it.



## REDROVER READERS

You may have read some previous posts I have done where I talked about RedRover Readers. This is an SEL (Social, Emotional Learning) curriculum that teaches children empathy to animals. I am a huge advocate for the RedRover Readers program and hope more and more schools implement it. There is so much proof on how when a child abuses an animal it leads to abusing, even killing, humans. There is a proven link in abuse to animals and violence to humans. We have to teach children empathy, compassion, and respect to animals. Kindness to animals will lead to kindness to humans.

RedRover Readers has a Kind News magazine that is published monthly. I was so excited to see in this month's issue that an animal photographer I follow on social media was featured. I didn't know she had a connection to them. Her photography of animals is so unique and artistic. She combines her skill of photography with her love and advocacy for animals.



[Click here to go to the virtual issue of this month's Kind News](#)